

# FAO

## Food balance sheets

## Bilans alimentaires

## Hojas de balance de alimentos

1994-1996 average  
Moyenne 1994-1996  
Promedio 1994-1996

**FOOD  
AND AGRICULTURE  
ORGANIZATION  
OF THE  
UNITED NATIONS  
Rome, 1998**

**ORGANISATION  
DES NATIONS UNIES  
POUR L'ALIMENTATION  
ET L'AGRICULTURE  
Rome, 1998**

**ORGANIZACION  
DE LAS NACIONES UNIDAS  
PARA  
LA AGRICULTURA  
Y LA ALIMENTACION  
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# USSR PER CAPUT FOOD SUPPLY

	1964-66	1969-71	1974-76	1979-81	1982-84	1984-86	1987-89	1989-91	1992-94	1994-96
Population(in thousands)	230847	242826	254448	265447	272344	277304	285200	289422		
	K I L O G R A M S / Y E A R									
Cereals - excluding Beer	199.7	189.4	176.7	171.4	167.3	165.5	163.2	164.5		
Starchy Roots	139.0	129.7	121.0	109.7	110.1	107.1	100.7	91.8		
Sweeteners	37.8	42.9	45.4	48.1	48.9	48.0	50.2	44.1		
Pulses	4.4	4.0	3.9	3.0	2.7	2.3	1.8	1.9		
Nuts and Oilseeds	1.9	2.1	2.3	2.3	2.3	2.6	3.0	2.5		
Vegetables	76.3	78.4	88.6	96.8	100.3	100.9	94.0	85.3		
Fruit - excluding Wine	30.6	36.9	40.8	42.6	48.3	48.9	48.0	42.3		
Meat and Offals	45.0	52.4	61.8	63.1	65.8	68.1	73.5	72.6		
Eggs	6.7	8.9	11.6	13.5	14.1	14.6	15.2	14.7		
Fish, Seafood	19.2	23.3	27.9	26.9	27.7	29.5	27.9	25.0		
Milk - excl. Butter	157.0	191.7	191.7	173.0	162.8	172.8	177.4	173.7		
Oils and Fats	15.0	16.9	19.5	22.5	23.1	24.5	25.1	23.7		
Spices	.3	.3	.4	.4	.4	.5	.5	.5		
Stimulants	.7	1.0	1.3	1.3	1.5	1.7	2.1	2.1		
Alcoholic Beverages	34.6	45.9	51.0	52.6	54.7	45.7	36.5	37.6		
	C A L O R I E S (NUMBER/DAY)									
Grand Total	3210	3328	3364	3363	3375	3370	3379	3248		
Vegetal Products	2529	2523	2498	2507	2520	2478	2455	2349		
Animal Products	680	805	867	856	855	892	923	899		
Cereals - excluding Beer	1463	1390	1325	1303	1275	1263	1251	1257		
Starchy Roots	255	238	222	201	202	197	185	169		
Sweeteners	367	417	442	468	476	467	488	430		
Pulses	41	38	36	28	25	21	17	17		
Nuts and Oilseeds	18	20	22	22	22	24	28	23		
Vegetables	44	46	52	57	59	60	58	52		
Fruit - excluding Wine	37	46	54	56	63	65	64	55		
Meat and Offals	219	262	309	312	323	335	363	361		
Eggs	26	34	45	52	55	57	59	57		
Fish, Seafood	40	47	56	55	57	60	57	57		
Milk - excl. Butter	255	303	286	242	223	236	240	235		
Oils and Fats	293	315	341	388	404	425	439	406		
Spices	3	3	3	3	4	4	4	4		
Stimulants	1	2	2	2	3	3	4	4		
Alcoholic Beverages	147	169	170	172	184	153	122	124		
	P R O T E I N (GRAMS/DAY)									
Grand Total	97.2	101.8	105.1	102.9	102.9	105.1	106.4	104.6		
Vegetal Products	58.7	55.9	53.8	52.3	51.9	51.6	50.9	50.2		
Animal Products	38.4	45.9	51.3	50.6	51.0	53.5	55.6	54.3		
Cereals - excluding Beer	45.7	43.2	41.0	40.2	39.6	39.5	39.4	39.7		
Starchy Roots	6.1	5.7	5.3	4.8	4.8	4.7	4.4	4.0		
Pulses	2.7	2.5	2.4	1.8	1.7	1.4	1.1	1.2		
Nuts and Oilseeds	.8	.9	1.0	1.0	1.0	1.1	1.3	1.1		
Vegetables	2.5	2.5	2.9	3.1	3.2	3.3	3.0	2.7		
Fruit - excluding Wine	.4	.4	.5	.5	.6	.6	.6	.6		
Meat and Offals	15.4	18.2	21.3	22.0	22.9	23.8	25.6	25.4		
Eggs	2.1	2.8	3.6	4.2	4.4	4.6	4.8	4.6		
Fish, Seafood	6.6	7.4	8.8	8.5	8.8	9.4	9.0	8.6		
Milk - excl. Butter	14.1	17.2	17.1	15.3	14.3	15.2	15.6	15.2		
Oils and Fats	.3	.4	.5	.6	.6	.7	.7	.7		
Spices	.1	.1	.1	.1	.1	.1	.2	.2		
Stimulants	.2	.2	.3	.3	.4	.4	.5	.5		
Alcoholic Beverages	.2	.2	.3	.3	.3	.3	.3	.3		
	F A T (GRAMS/DAY)									
Grand Total	76.6	85.6	91.7	94.3	96.2	100.4	104.9	100.2		
Vegetal Products	26.4	26.6	28.1	30.5	32.1	33.8	35.7	33.0		
Animal Products	50.2	59.0	63.5	63.8	64.0	66.7	69.2	67.2		
Cereals - excluding Beer	6.4	5.9	5.6	5.4	5.3	5.3	5.5	5.4		
Starchy Roots	.4	.4	.3	.3	.3	.3	.3	.3		
Pulses	.2	.2	.2	.1	.1	.1	.1	.1		
Nuts and Oilseeds	1.4	1.6	1.7	1.7	1.8	1.9	2.2	1.8		
Vegetables	.4	.4	.5	.5	.5	.5	.5	.5		
Fruit - excluding Wine	.2	.3	.4	.4	.4	.4	.4	.3		
Meat and Offals	16.9	20.3	24.0	24.1	24.9	25.8	28.0	27.9		
Eggs	1.8	2.4	3.2	3.7	3.8	4.0	4.2	4.0		
Fish, Seafood	1.3	1.6	2.0	2.0	2.0	2.1	2.0	2.1		
Milk - excl. Butter	14.6	17.0	15.5	12.6	11.6	12.3	12.5	12.2		
Oils and Fats	32.9	35.3	38.1	43.3	45.1	47.4	49.1	45.3		
Spices	.1	.1	.1	.1	.1	.1	.2	.2		
Stimulants	.1	.1	.1	.1	.1	.2	.2	.1		